

# TIMELY TOPICS

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## Fall 2024 Student Track



## TIMELY TOPICS

Timely Topics is a series of opportunities to engage with subject matter experts on topics relevant to graduate education. Every session is open to all who wish to attend, however, The Graduate School highlights three tracks (student, faculty, and administrative) to help registrants identify which sessions may be most relevant to their interests. This flyer includes sessions for graduate students and postdocs. Sessions for the faculty and administrative tracks are listed on the [Timely Topics webpage](#), along with slides, recordings, and resources from past sessions.

### REGISTRATION

All sessions are virtual. To register for any of this semester's Timely Topics series, click the button below.

[REGISTRATION](#)

### CONTACT

#### DIRECTOR OF GRADUATE STUDENT ADMINISTRATION

Megan Petsa | [megan.petsa@uconn.edu](mailto:megan.petsa@uconn.edu)

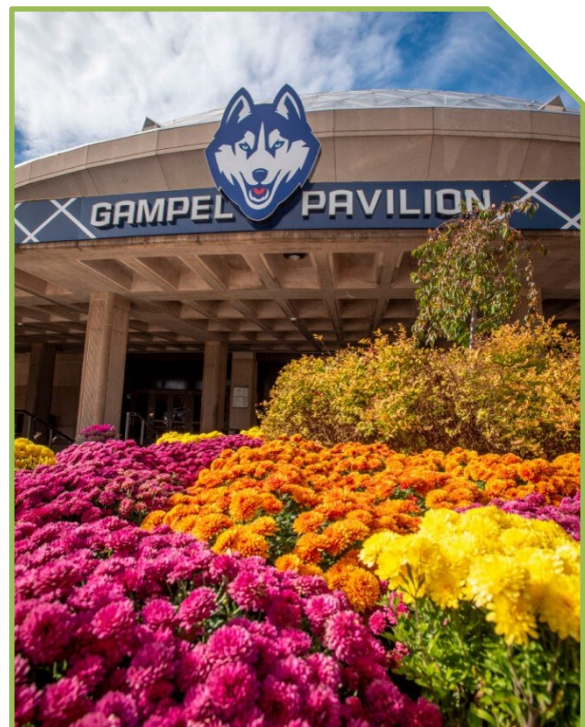
#### THE GRADUATE SCHOOL

Whetten Graduate Center

[gradschool@uconn.edu](mailto:gradschool@uconn.edu)

[grad.uconn.edu/timely-topics](http://grad.uconn.edu/timely-topics)

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## UPCOMING PROGRAMS

### HOW TO HAVE EFFECTIVE CONVERSATIONS ABOUT DIFFICULT THINGS IN GRADUATE SCHOOL AND BEYOND

Difficult conversations are just that: difficult. But they are a healthy, normal part of our relationships with others, including faculty advisors and colleagues. Having difficult conversations with faculty advisors and directors of graduate programs can be intimidating and overwhelming, particularly for new graduate students. Whether it is asking for feedback or discussing a conflict, the tendency can be to avoid the issue or possibly overact in a conversation. We will unpack why we sometimes avoid challenging conversations; discuss why they cause so much stress and anxiety; and identify strategies that will reduce stress and increase success in these conversations. While this session will be particularly relevant to communicating with faculty advisors, the challenges and strategies discussed will be applicable to multiple types of relationships. This interactive session is open to all graduate students and postdocs.

**DATE:** Wednesday, September 18, 2024

**TIME:** 11:00 AM - 12:00 PM

**FACILITATORS:**

**Cinnamon Adams**, Assistant Ombuds, Ombuds Office

**Kimberly Curry**, Director of Graduate Student and Postdoctoral Support, The Graduate School

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### MAKING CHANGE: YOUR FINANCES, YOUR FUTURE

In this workshop, you will have an opportunity to consider how your finances align with your goals. We'll discuss goal setting and creating a plan for spending that will help you move closer to reaching them, saving, staying motivated, and ways to reduce expenses. Resource materials will be shared.

**DATE:** Wednesday, October 9, 2024

**TIME:** 11:00 AM - 12:00 PM

**FACILITATOR:**

**Faye Griffiths-Smith**, Personal Finance Educator, UConn Extension





## **TIME MANAGEMENT: GETTING THE MOST OUT OF A LIMITED RESOURCE**

Being successful in graduate school and beyond depends on your ability to manage your time efficiently. Come learn some techniques for getting what you need to get done while still having a life outside of work.

**DATE:** Wednesday, October 30, 2024

**TIME:** 10:00 AM - 11:00 AM

**FACILITATOR:**

**Rachel Prunier**, Director of Teaching and Learning in the Life & Physical Sciences, Center for Excellence in Teaching and Learning



## **ACCOMMODATIONS: WHAT GRADUATE STUDENTS AND INSTRUCTORS NEED TO KNOW**

This session will discuss the accommodations process for students with disabilities, student and instructor rights and responsibilities, and student versus employment accommodations. The information shared will be relevant to both graduate students interested in learning about the accommodations process and Graduate Assistants who serve in a teaching/instructor role. Time will be available at the end of the session for participant questions.

**DATE:** Wednesday, November 13, 2024

**TIME:** 10:00 AM - 11:00 AM

**FACILITATOR:**

**Jennifer Lucia**, Senior Associate Director, Center for Students with Disabilities

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**REGISTRATION**

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